



MLU Menu

Breakfast Foods are offered with fresh fruit and milk

Each day we offer a breakfast food from the following breakfast foods menu:

PANCAKES - PEPPERIDGE FARMS RAISEN CINNAMON SWIRL BREAD- WAFFLES - FRENCH TOAST - CEREALS - CROISSANTS - MUFFINS - FRESH FRUIT -YOGURT - CREAM CHEESE - Condiments: STRAWBERRY & BLUEBERRY JAM - AGAVE - FRESH FRUIT SMOOTHIE - OATMEAL - SCRAMBLED EGG PATTY - TURKEY SAUSAGE - HASH BROWNS

We offer Milk and Water with Every Meal

We Offer Fresh Seasonal Fruits and Veggies with Breakfast and Lunch

Lunch Week # 1

HAPPY MONDAY	TERRIFIC TUESDAY	AMAZING WEDNESDAY	AWESOME THURSDAY	FABULOUS FRIDAY
Marinara Pasta w/ Italian Bread Veggies Apple Slices	Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/ Orange Wedges	Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple Slices	Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies w/ Melon Slices	Pizza Party ! Served with Family Style Veggies and Fruit Salad
	Vegetarian Option:	Vegetarian Option:	Vegetarian Option:	
	Veggie Nuggets Jamine Rice, and Veggies w/ Orange Wedges	Spanakopita , Egg Noddles in Alfredo Sauce w/Apple Slices	Veggie Meatballs , Mash potatoes, and Veggies w/Melon Slices	

Lunch Week # 2

HAPPY MONDAY	TERRIFIC TUESDAY	AMAZING WEDNESDAY	AWESOME THURSDAY	FABULOUS FRIDAY
Marinara Pasta w/ Italian Bread Veggies Apple Slices	Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/ Orange Wedges	Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple Slices	Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies w/ Melon Slices	Pizza Party ! Served with Family Style Veggies and Fruit Salad
	Vegetarian Option:	Vegetarian Option:	Vegetarian Option:	
	Veggie Nuggets Jamine Rice, and Veggies w/ Orange Wedges	Spanakopita , Egg Noddles in Alfredo Sauce w/Apple Slices	Veggie Meatballs , Mash potatoes, and Veggies w/Melon Slices	

Lunch Week # 3

HAPPY MONDAY	TERRIFIC TUESDAY	AMAZING WEDNESDAY	AWESOME THURSDAY	FABULOUS FRIDAY
Marinara Pasta w/ Italian Bread Veggies Apple Slices	Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/ Orange Wedges	Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple Slices	Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies w/ Melon Slices	Pizza Party ! Served with Family Style Veggies and Fruit Salad
	Vegetarian Option:	Vegetarian Option:	Vegetarian Option:	
	Veggie Nuggets Jamine Rice, and Veggies w/ Orange Wedges	Spanakopita , Egg Noddles in Alfredo Sauce w/Apple Slices	Veggie Meatballs , Mash potatoes, and Veggies w/Melon Slices	

Lunch Week # 4

HAPPY MONDAY	TERRIFIC TUESDAY	AMAZING WEDNESDAY	AWESOME THURSDAY	FABULOUS FRIDAY
Marinara Pasta w/ Italian Bread Veggies Apple Slices	Chicken Tenders/Veggie Nuggets, Jasmine Rice, and Veggies w/ Orange Wedges	Fish Sticks, Egg Noddles in Alfredo Sauce w/Apple Slices	Turkey/Beef/Veggie Meatballs, Mash potatoes, and Veggies w/ Melon Slices	Pizza Party ! Served with Family Style Veggies and Fruit Salad
	Vegetarian Option:	Vegetarian Option:	Vegetarian Option:	
	Veggie Nuggets Jamine Rice, and Veggies w/ Orange Wedges	Spanakopita , Egg Noddles in Alfredo Sauce w/Apple Slices	Veggie Meatballs , Mash potatoes, and Veggies w/Melon Slices	

Snacks

FRESH FRUIT - PRETZELS - TRAIL MIX - GOLDFISH - VEGGIE STRAWS - YOGURT - JELLO W/ FRUIT- RICE PUDDING- APPLE SAUCE -CRACKERS - ANIMAL CRACKERS - GRANOLA - RICE CAKES - BREAD PUDDING - HUMMUS - TURKEY WRAPS

We offer Milk and Water with Every Meal

We Offer Fresh Seasonal Fruits and Veggies with Breakfast and Lunch

Note : You are welcome to send food from home if the above options are not suitable for your child.